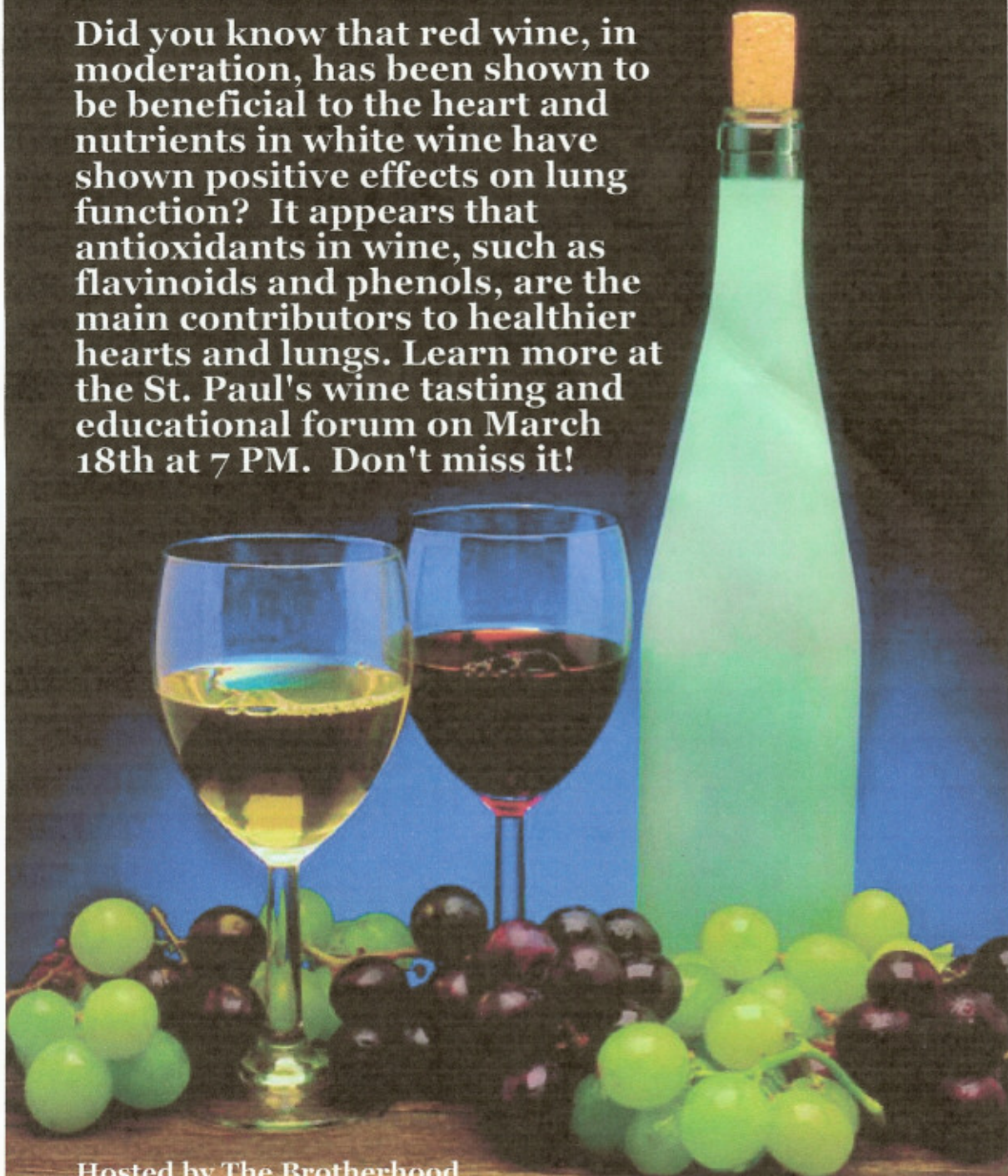


To your health!

Did you know that red wine, in moderation, has been shown to be beneficial to the heart and nutrients in white wine have shown positive effects on lung function? It appears that antioxidants in wine, such as flavinoids and phenols, are the main contributors to healthier hearts and lungs. Learn more at the St. Paul's wine tasting and educational forum on March 18th at 7 PM. Don't miss it!



Hosted by The Brotherhood of St. Andrews with all proceeds going to the balanced budget matching gift challenge.